

A personal retreat can be enhanced by including time for spiritual direction. Becky McKenna may be available for individual spiritual direction at her home in Three Brooks, about 40 min. from Tatamagouche. The retreatant needs to arrange for this service ahead of time, by making a request for specific times and dates.

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Anyone wishing to do so can make a freewill offering to support this work.

Becky McKenna, experienced spiritual guide, retreat facilitator and former Retreat Coordinator at Tatamagouche Centre is completing the Courage to Lead© facilitator preparation program. She is a Sister of the Congregation of Notre Dame, a writer and theologian.